

## **Our Bereavement Support Groups need more volunteers.**

**Could you spare a few hours every 2 weeks to help support one of our groups?**

**We are excited to be further developing our already successful National Lottery funded bereavement service.**

**We need the help of more amazing volunteers to ensure we can offer the level of support that those attending the groups deserve.**

**Sue a volunteer at one of our groups said:**

*“Working with the group in Glossop has been really rewarding, helping to create a safe space where people can support each other through significant loss. And as someone with only a limited amount of time to give volunteering this has been really worthwhile. It has enabled me to give something valuable back to the community and I think the people in the group have benefitted from my input.”*

### **Do you have what our groups need?**

This role could be suited to individuals with **experience** of the **caring professions**, or **students** studying **social work, counselling** or related courses.

**OR**

We are equally interested in **compassionate good listeners** with more diverse career backgrounds. Can you hear about bereavement and not judge or feel the need to give advice?

### **And who**

Crucially we are looking for **good listeners who do not judge or give advice**, somebody keen to help **create a safe space** where people can explore and express their grief and begin to **support** each other.

Your own experience of grief will of course be relevant (but not essential) as long as it has been some time ago.

We would be very interested to hear from people who have a bit of regular time to help the facilitator support a group of peers to be there for each other in their grief. Just a couple of hours every two weeks and you will help make a difference to people affected by bereavement.

**We are really looking forward to hearing from you about this rewarding volunteer opportunity.**

\*Please note suitable volunteers will attend an interview and also we will take up to date and relevant references.

**For more details on the role please contact the Bereavement Team  
on 01663 735350 (Option 3)  
or [bereavement@highpeakcvs.org.uk](mailto:bereavement@highpeakcvs.org.uk)**